

# MOTHER/DAUGHTER

## What is a mother/daughter entry?

This category has been created so mums (including step mums etc) and daughters (including step daughters etc) in a family can do this event together. They will **each complete all three disciplines in the event**. You can either do each part together or you can have some healthy competition between the two/three of you. The day is yours make it what you wish.

## How do I know if we are registered?

The person who was in charge of registering you will be asked to provide a team name, and upon completion payment they will receive an email confirming your registration.

On the day, and at registration, your mother/ daughter duo will be registered under both your individual names and a team name, so we will be able to locate you easily.

## What happens in transition?

Teams and Mother / Daughters will have a separate area in transition from the individuals.

For mother/daughters you will each have **your own** race number and number sticker. The number sticker needs to be attached to the front of your helmet for the cycle leg and the race number needs to be attached to the front of your shirt for the run leg of the event.